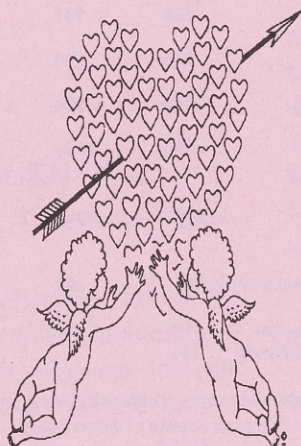




FEBRUARY, 1996
VOLUME 12, NO. 2

SACWN

SACRAMENTO AREA CAREER
WOMEN'S NETWORK INC.



"Come Dance In My Heart" Valentine Dance featuring **The Heartbeats and Friends**

The Heartbeats and Friends specialize in a varied repertoire of Motown, Swing, nostalgic Pop and a sprinkling of contemporary styles which include County and Soft Rock. You'll love dancing to their smooth and enjoyable sound.

The Heartbeats and Friends are all professional musicians who have been playing music in and around Napa, Santa Rosa and the Bay area for the last fifteen years. The original Heartbeat Trio features lead vocalist and on percussion, Suzi Gilbert, Ellen Patterson, vocals and keyboard and Elaine Herrick on stand-up bass. The Heartbeat Friends are Katherine Stevens on drums and Donna Boatman adding vocals and rhythm guitar.

Date: Saturday, February 17, 1996
Place: Unitarian Universalist Society
Time: 8:00 P.M.

Tickets: \$12 Subscribers
\$17 Non-subscribers
\$17 at the Door:

See order form on inside back cover.
An event for women over 21 only.



From the Steering Committee

We have spent the past month pouring over the surveys that you mailed back to us from the November 1995 newsletter. It has been an interesting exercise looking at SACWN through the eyes of 10.8 % of our subscribers.

The surveys have reinforced the fact that we are a very diverse community, often with conflicting opinions. It supports the feeling we occasionally have, that no matter what we do, some people will be pleased and some people will be dissatisfied.

You told us on the surveys that you joined SACWN to get to know more women with whom you can relate both socially and professionally. Combining common themes in your response, we found that 74% of you said that you looked to SACWN as a place to participate in social lesbian events and to feel a part of the lesbian community.

When asked what would make you attend programs more often, many of you said, "if people were more friendly, if there were fewer cliques, if going to events helped me feel more a part of the community."

There's a message in those comments for all of us. It is not easy introducing ourselves to strangers, instead of searching out those we know and already feel comfortable with. But we've all been on the other side of the coin. It is even harder walking into a room and not recognizing a friendly face.

One of the questions in the survey asked if you would participate in a structured networking activity. Fifty-four percent of you said no (some underlined no and used several exclamation points). One person even suggested that only 5 year olds and 60 year olds play games and exercises.

So how do we solve this problem and make SACWN a friendlier place? Is there a way to have every woman who walks through the doorway to a SACWN function with a ticket in her hand, relax in the knowledge that she is in a safe environment and can be open and friendly. Can we approach the evenings with the recognition that there is someone else in the room that has something to contribute to my life and anticipate with glee the opportunity to find her?

What if we had *greeters*, women whose job it was to help attendees feel welcomed? The *greeter*, in her role, might find it easier to be outgoing and the person hesitating at the door might find it a welcome relief to be greeted by the smile of a greeter.

Each meeting brings out women who are attending an infrequent event or their first event. It would certainly make SACWN feel more like a community of women. Would you help? Would you serve as a greeter, say once a year?

If you would, call the SACWN office and place your name on the list. Arrive at the event by 6:15 PM and plan to have a really nice evening.

Additional information gathered from the November survey is included in this newsletter. If you'd like a complete copy of the survey summary, send a business size self addressed envelope with at least fifty five cents in postage to the SACWN office.

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$50	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2		
or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)	.40	.60
Discounts	1 year 20%	
(pre-paid)	1/2 year 10%	

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

SACWN STEERING COMMITTEE

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(916) 447-7255

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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from SACWN, Inc. Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

Special Interest Groups - February

Special Interest Groups, fondly called SIGs, provide a way for our subscribers to meet in a more personal setting and get to know each other while exploring a common interest.

Running a SIG is easy. There are just a few simple rules and you have to promise to get information to the newsletter editor by the third Friday of the month. Want to find some new friends to share an interest? Call Sandy at 451-8034 to discuss your idea.

SINGLE CONNECTION

Four Single Connection activities this month.

Friday, February 9th - An evening of Country Western dancing for \$2. Includes beginner lessons. Phone Eileen 442-8180 for details.

Saturday, February 10th - Movie matinee and lunch or snack after. Phone Pat at least a day ahead at 444-2866 for details.

Saturday, February 10, 7:30 P.M. Cafe Connection. Enjoy good coffee and good conversation with other single women at New Helvetia. At least a day ahead, call Debbie at 451-5871 for a seat at our table.

Sunday, February 25th - Hungry for brunch at Greta's - Phone Pat 444-2866 at least a day ahead to reserve a seat at the Single Connection table.

For general information, phone co-facilitators Misty at 489-8144 or Eileen at 422-8180.

TOP 10

Kitty and Marj will be hosting our **Sunday February 18th** meeting at 3:00 PM. RSVP by calling them at 923-0912 by Saturday, February 17th.

Top 10 dinner date is scheduled for **Friday, February 23rd** at 6:30 PM at Andiamo's, 3145 Folsom Boulevard, near Alhambra. RSVP by calling Dee at 443-2377 by Thursday, February 22nd.

Do you find yourself in need of a little exercise, but need some motivation, then by all means call Ann at 443-3638. Ann is interested in getting a group together for walking during the day in Land Park, nature walks in local preserves, etc. She is also checking out a group trip to Alcatraz.

RAINBOW CAMPERS

It's time to plan the 1996 camping schedule. The potluck and organization meeting will be held on February 3. Give Casey a call at 366-7362 to be included.

COUPLES GROUP

The Super Bowl Party was great. Can you imagine, most of those attending were rooting for the Steelers?

Call Lesha and Cinder at 676-0641 to find out about the February happenings.

BOOK GROUP?

There are rumors about a book group starting. Call SACWN at 451-8034 and leave your name if interested.

WILDLIFE, BIRDWATCHING AND PHOTOGRAPHY HIKES

Birding outing to Sacramento Refuge area at 9:00 a.m. on Sunday, February 18th. Please RSVP to Linda at 921-9052.

MOVIE LOVERS GROUP

Join the movie mavens on Sunday February 4th for a outing to "Dead Men Walking." Call Suzanne at 452-9619 for details.

MOMS AND KIDS

We meet the third Saturday of the month. For location and time call Paula at 725-9094 (days) or Kim 364-8653 for information.

CYBER SIG

Our SACWN home page is up and looks really hot thanks to Anna and Cindy. Visit us at <http://www.cwo.com/~sacwn> and see for yourself.

Don't quite know what we are talking about? That's okay because we can learn together to use the wonderful tool called the Internet. *The future is now!*

Join us on **Saturday, February 24, 1996** at 10:30 A.M. at the SACWN office. Call Anna at 739-6366 to RSVP.

Anna can also be reached by leaving a message on her e-mail at anna@water.CA.gov. SACWN's e-mail address is sacwn@cwo.com.

SACWN COMMUNITY CALENDAR

SACWN DATES FOR 1996

Saturday, February 17, 1996

Come Dance In My Heart

Valentine Dance with the
Heartbeats and Friends

Dance to the smooth music of this band from Santa Rosa. Good tunes, friends and a very special evening.

*Unitarian Universalist Society
2425 Sierra Boulevard, Sacramento*

Friday, March 22, 1996

The Second Coming of Joan of Arc

by playwright Carolyn Gage

A one woman performance by actress Joyce Henderson in a humorous, engaging and thoughtful play. Join us to celebrate Women's Herstory Month with the story of a woman successful in battle but betrayed by her country.

Sierra 2 Theater, 2791 24th Street, Sacramento

April 19, 1996

Third Annual Lesbian Film Festival

Sierra 2 Theater, 2791 24th Street, Sacramento

July 19-21, 1996

Fourth Annual Sacramento Women's Gathering
Camp Augusta, Nevada City, CA

December 7, 1996

Twentieth Anniversary

Snow White Champagne Ball

Lincoln Plaza, 4th and P Streets, Sacramento

Nonprofit community groups are invited to submit information for the SACWN *In the Community* column. Information should be received by the third Friday preceeding the month. Send to:

SACWN, 3031 F Street,
Sacramento CA 95816

IN THE COMMUNITY

February 10, 1996

PFLAG Stanislaus will sponsor a fund-raising event featuring comedienne Suzanne Westenhoefer at the State Theater in Modesto. Proceeds benefit "Project Open Mind" a multimedia campaign to confront hatred toward lesbians and gays. Tickets may be purchased by mail. Send SASE to PFLAG, P. O. Box 4311, Modesto, CA 95352. For information call (209)527-0776.

February 13, 1996

Song circles are for all who love to sing. Davis/Sacramento Song Circle meets the 2nd Tuesday evening of each month. Contact Linda Joplin at 756-2541 for the location of the February song circle.

March 22-25, 1996

The tenth Northern California Women Making Music Retreat will be held on Friday, March 22 through 25 at Bishop's Ranch near Healdsburg. For information contact Director Judy Fjell at (707)944-2420 or e-mail WoMaMu@aol.com.

SECOND WIND PERFORMANCES FEBRUARY 1996

***Sam's Town - Cameron Park*
8PM - Midnight**

Friday & Saturday, Feb 2 & 3, Friday, Feb 9,
Friday & Saturday, Feb 16 & 17 and
Saturday, Feb 23

***Yager's Tap House & Grill*
Old Town Folsom 985-3057
Every Sunday 5-9**

- ◆ Very Gay friendly
- ◆ 48 Micro Brews on tap
- ◆ 23 local & Napa Wines by glass or taste
- ◆ Full menu in bar
- ◆ Pool table, darts in game room
- ◆ Great music!

PAID ADVERTISEMENT

Danielle was born in Roseville California, the baby in a family that included her two older brothers. "I was involved in sports growing up, mostly tennis. At the age of ten I started singing in nightclubs. The very first time I sang in public was in a Nevada City hotel."

"My dad and I then began planning my future as a singer. For the next eight years, I sang everywhere from pizza parlors to local plays and productions. I earned a scholarship at a studio that taught voice, dance and acting and studied there for five years. My mother served as chauffeur and confidant and paid for all the needs of the little girl who wanted to be a singer."

In the 70's Danielle was in a group called Angel Fox and played frequently at the Parking Lot (the lesbian bar at the time.) "They lost their drummer who was also the vocalist. My first lover and I were playing with a band called Traces and the agent for Angel Fox saw us. My lover at the time played drums and I sang, so we were hired. We played lots of places in the greater Sacramento area and then auditioned with a military representative to go over seas. We travelled to Hawaii, the Philippines, Korea and Japan entertaining troops and doing 67 shows in 73 days."

Danielle joined a group called MOM and toured the country playing in hotel lounges for three months at a time. She sang in Harvey's, Harrah's and

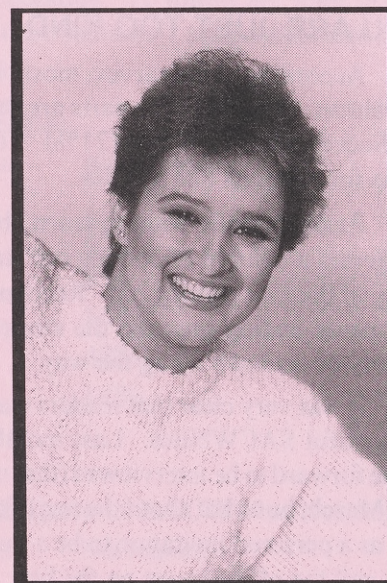
Bally's Casino in Tahoe.

About ten years ago, the hard life of being on the road became too much and Danielle settled in the Bay Area to study with vocal coach Judy Davis (Streisand's coach.) "I had exhausted my vocal chords and forgotten how to sing without hurting myself. After singing for five hours nightly in smoke filled clubs for six nights a week, I was not much of a singer, so I settled down to study technique again."

"Then I met someone who had an opportunity to work in LA and we moved together and I began singing professionally again. I was fortunate to open for a few headliners and sing with some celebrities including Della Reese, Steve Allen and his orchestra, Rosalind Kind (Streisand's half sister) and Frankie Gaye (Marvin Gaye's brother.)"

"I drove a limousine for a living for celebrities to special events like the Oscars and People Choice Awards. I think I met every star I had ever dreamed of meeting and learned a lot, not all good, about life as an entertainer. It came time to leave and I returned to San Francisco and started college. I sang at piano bars around the city and did some studio work. But I was also looking inside myself to discover my other talents and interests."

I self-published a book of poems written and dedicated to my father. He and I both distributed and sold them and it was a successful venture. It



showed me that I could do other things that were marketable and worthwhile. It was such a gift to have the right words for people and that I was able to honor my father before he passed away."

After several more moves and adventures, Danielle has again landed in Sacramento. "I am single and have decided that when I have all of my energies back, I would like to pursue women's music. Meanwhile I am back in college and continuing my studies of Science of Mind."

Danielle has been writing a book for the past several years and now plans to finish it. "It's called *Dreams That Beckon* and it is a fictional adventure."

Success to Danielle has a simple definition. "Being content with myself. That's success!"

YOU ARE JUST TOO KIND....

According to the survey, most of you like and read the newsletter. Your favorite parts are the calendar (33%) and the Successful SACWNite (21%). You also had wonderful ideas for columns and articles.

Readers really want to learn about each other. They suggested a column of coming out stories, and not just the story of the first coming out. Recognizing that coming out is a never ending process, the stories could include each victory or set back along the way.

It was very clear that readers want to read about other Successful SACWNites. Last month I had two members come forward to be interviewed (that takes care of February and March, but what about the rest of the year?) Please take this as a personal invitation to be a Successful SACWNite. Just call the office to get on the list.

It would be wonderful to get articles and letters to the Editor that would begin a continuing series of comments. Any Brenda Starr's out there? Here is your opportunity!

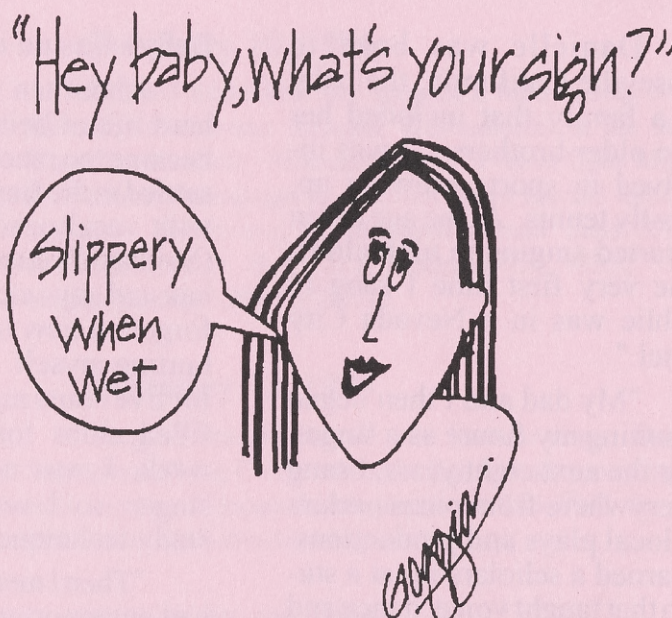
THINK OF IT AS A MEMBERSHIP DRIVE....

When non-members ask you to buy them a ticket to the SACWN events at the member price, it is a great time to encourage your friend to join SACWN. When you pay the annual dues, you receive the newsletter, and a \$5 discount on your ticket to the events. You also provide the resources for SACWN to have staff to answer the phone, provide community referrals, sell the tickets, write and distribute the newsletter, and produce the monthly programs. You provide the up front funds to make it all happen and in return your ticket price reflects a five dollar saving. Seven months of activities and you've recovered your initial investment.

If you buy a non-member a ticket at the subscriber price, then there is less incentive for them to join. So, keep SACWN strong. Get them to join!

JUST AVAILABLE - FOR RENT

Share home in Laguna. Garage parking, laundry room, cable TV and security system. Call Kris at 683-2939.



CARTOON BY CATHERINE GOGGIA, A FREELANCE ARTIST IN CHICO, CA. HER WORK CAN BE SEEN IN THE BEST CONTEMPORARY WOMEN'S HUMOR, CROSSING PRESS.

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MEMBERSHIP SURVEY SUMMARY

The Steering Committee is still discussing and learning from the information provided in the November 1995 membership survey. Your comments have provided an important direction for consideration. To follow are some of the tabulated results from individual questions. If you'd like a complete copy of the survey summary, send a business size envelop with %%cents in postage to the SACWN office.

Please rate the importance of the services of SACWN from your perspective:

	Very Important	Somewhat Important	Not important
Monthly Events	48%	44%	8%
Newsletter	93%	5%	2%
Special Interest Groups	32%	54%	14%
Membership Directory	17%	40%	42%
Info on Lesbian Owned Businesses	43%	43%	14%

SACWN Activities:

How important are each of the following factors in your decision to participate in SACWN activities:

	Very Important	Somewhat Important	Not important
Performer	63%	30%	7%
Business Networking	13%	37%	50%
Socializing	67%	24%	9%
Location	23%	43%	34%
Ticket Price	29%	38%	33%
Topic/Theme	78%	20%	2%
Personal Support of SACWN	58%	23%	19%

What types of programs at SACWN events would you/do you attend:

82% - Comedians	48% - Travel/trips
80% - Lesbian Focused Films	44% - Personal/Professional Development Topics
80% - Authors/Speakers	37% - Financial Info
77% - Dances	35% - Sit down dinners
75% - Singers/Concert	33% - Health Info
73% - Theater/Plays	13% - Golf Tournament
71% - Lesbian/Feminist/Cultural	
51% - Campout/weekend	

PIANO/KEYBOARD LESSONS

*Designed to fit your personal
pace and style.*

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How often should SACWN programs be produced?

56% - Monthly
30% - Every other month
14% - Quarterly

Would you participate in more structured networking activities prior to the programs?

37% - Yes
54% - No
9% - Maybe

Have you attended a Special Interest Group (SIG) meeting?

Yes: 60% No - 40%

About the Respondents:

Length of time as a SACWN subscriber?

0-1 Years -	29%
2-5 Years -	39%
6-8 Years -	8%
More than 8 years -	24%

Household income?

< 20k	
21-30k	14%
31-40k	27%
41-70k	25%
71-90k	27%

Highest level of education?

High School -	4%
Associate Degree -	13%
Bachelor Degree -	34%
Masters Degree -	32%
Doctorate Degree -	17%

Age:

< 30	2%
30-40	16%
41-50	44%
51-60	32%
>61	6%

Length of time identified as a lesbian:

<1 Year	2%
1-5 Years	18%
6-10 Years	14%
11-20 Years	25%
21-30 Years	23%
> 30 Years	18%

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with a Feminist Touch Since 1981

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&
Langenkamp**

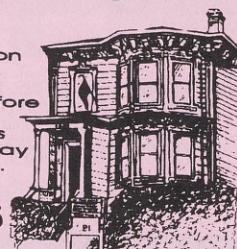
Consult an effective, caring
expert to advocate for you,
maximize your recovery,
and help you come back
from accident and injury.

Auto • Motorcycle • Pedestrian
Bike Accident • Dog/Cat Bites
Slip and Fall • Wrongful Death

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consultation
free.

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statements
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your rights.

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SUBSCRIPTION RENEWAL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES	RATES
Regular Subscriber	\$36/year
Two-in-One Household	\$60/year
Limited Income Subscriber* (Student/Senior/Disabled)	\$24/year

Sustaining Subscriber** \$48/year

Enclose check and mail to: **SACWN, Inc.,
3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1) _____ Name(2) _____

Address _____

City _____ State _____ Zip _____

Phone(H) _____ (H) _____

Phone(W) _____ (W) _____

Career Interests

(1) _____

(2) _____

To charge on **Visa** or **MasterCard** please provide:

Acct No: _____

Expiration Date: _____

Name as it Appears on Card: _____

A 5% HANDLING FEE WILL BE ADDED. YOUR BILL WILL INDICATE A SALE TO OUTSOURCING MANAGEMENT GROUP.

This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A \$10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

*SENIORS - Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

Come Dance In My Heart

Valentine Dance

Mail in Ticket Form

Unitarian Universalist Society
2425 Sierra Boulevard, Sacramento

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

	Price	Subscriber #	# Tickets
Subscribers:	\$12	_____	_____
Non-subscribers:	\$17	_____	_____
Limited Income:	\$ 8	_____	_____

Mail check, payable to SACWN, with **self addressed stamped envelope** to:

SACWN

3031 F Street, Suite 201

Sacramento, CA 95816

If no envelope is included, ticket(s) will be held at the door. Tickets may be picked up at the office by **pre-arrangement**. Please call before coming to the office for tickets.

For information, call 451-8034.

For **VISA** or **MasterCard** purchase, provide

Acct No: _____

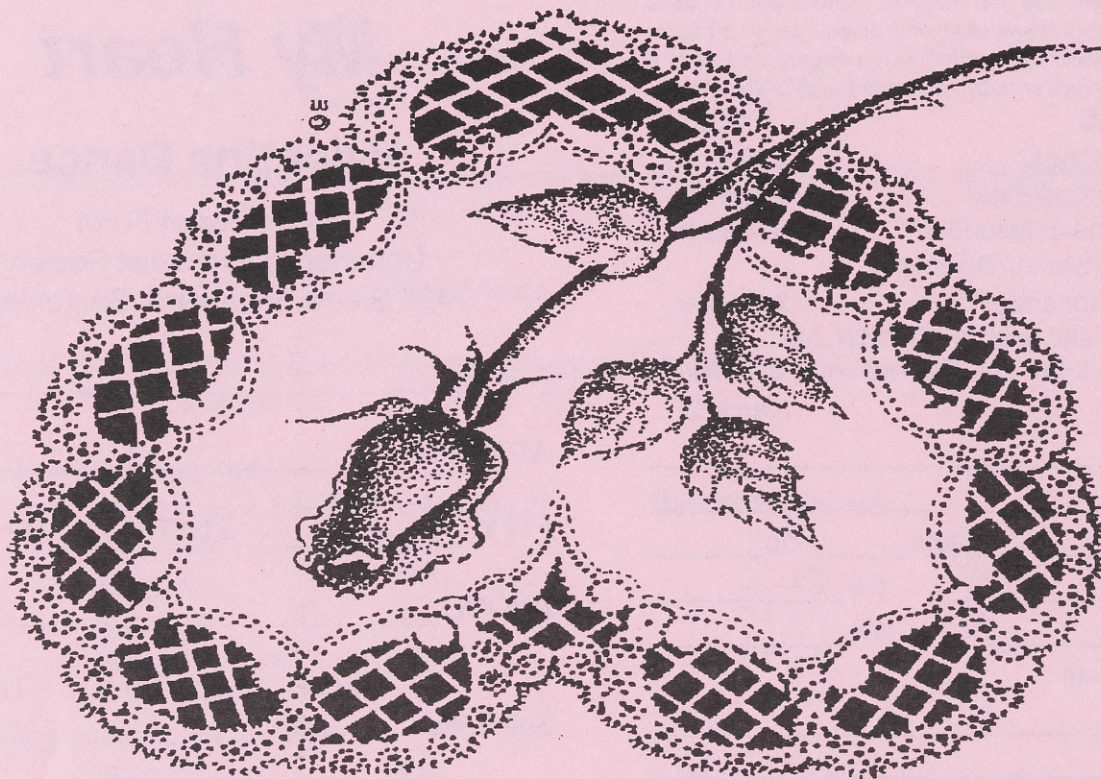
Exp. Date on Card: _____

Signature: _____



A 5% handling fee will be added to the charge. Your bill will indicate a purchase from **Outsourcing Management Group**. If a SASE is provided, tickets will be mailed, otherwise they will be held at door. Tickets are non-refundable.

This event is for women over 21 only.



SACWN
SACRAMENTO AREA CAREER
WOMEN'S NETWORK INC.

3031 F STREET, SUITE 201
SACRAMENTO, CA 95816

ADDRESS CORRECTION REQUESTED

COME DANCE IN MY HEART ?